How are you helping to change the world?

Changes you make in your home and community influence the global environment

Together with your friends and family, decide how planet-friendly you are. On a sticky, tell us which activities you excel at for each category. On a second sticky, write one new activity to try this week.

**You APPRECIATE nature because you:**
- Go outside and enjoy nature, or
- Take reusable bags to the store, or
- Recycle

**You are a MONEY-SAVER because you:**
- Keep your car’s tires inflated and engine tuned to save gas, or
- Carry reusable water bottles, or
- Use a microwave more often than the oven, or
- Run the dishwasher only when it’s full, or
- Replace old lightbulbs with LEDs, or
- Use warm water, not hot, to wash clothes

**You’ve CHANGED how you live by:**
- Shortening your showers to save water and energy, or
- Eating seafood or beans instead of meat, or
- Buying a fuel efficient vehicle, or
- Wearing a sweater and keeping the thermostat low, or
- Unplugging computers, TVs, and video game consoles

**You GIVE back to the community because you:**
- Participated in a conservation project, or
- Walk, carpool, or take the bus, or
- Have a family garden and a compost system, or
- Purchased energy-efficient appliances